Welcome Address

The Saudi Heart Failure Group second conference under the auspices of Saudi Heart Association will be holding its 2nd Conference on the 4 & 5 of December 2013.

The purpose of this 2-day symposium is to provide a forum for update information on a broad range of topics covering heart failure syndrome, its therapies, current guidelines and clinical research, as well as fundamental background studies.

This international symposium will be attended by physicians, pharmacists, nurses and other healthcare professionals from all over Saudi Arabia and other countries.

We look forward to see you

Thank you & kind regards

Dr. Khalid Alhabib
President of The Saudi Heart Association

Dr. Waleed Al Habeeb
President of the Saudi Heart Failure Group
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Waleed AlHabeeb, MD
Consultant heart failure and transplantation
King Faisal Specialist Hospital
Assistant professor King Said University

Abdelfatah ElAsfar, MD
Consultant heart failure cardiologist
King Fahad Medical City

Hanan AlBackr, MD
Consultant cardiologist
King Khalid University hospital

Ali AlMasoud, MD
Consultant heart failure and transplantation
Prince Sultan Cardiac Center

Feras Khaliel, MD
Consultant Cardiac Surgeon
King Faisal Specialist Hospital

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King Faisal Specialist Hospital

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International Guest Speakers

* Alphabetical Order

Finn Gustafsson, MD, Ph.D., DMSwci
- Medical director Advanced Heart Failure, Transplantation and MCS.
- Associate professor University of Copenhagen, Denmark

Dr. Joseph G Akar, MD, PhD
- Associate Professor of Medicine.
- Director, Cardiac Electrophysiology Laboratory.
- Academic Director of Electrophysiology, Yale University School of Medicine, New Haven, USA

Dr. Paul Kantor
- Division Head, Pediatric Cardiology,
- Stollery Children’s Hospital
- University of Alberta Hospital
- Head, Cardiomyopathy & Heart Function Program, The Hospital For Sick Children, Canada

Professor Paul Mohacsi
- Chief and full Prof. of Cardiology & Medicine.
- Director of Heart Failure and Cardiac Transplantation at University Hospital, (Inselspital) Bern, Switzerland.

Professor Piotr Ponikowski
- Consultant Cardiology
- Department of Heart Diseases, Medical University.
- Clinical Military Hospital, Wejgla, Wroclaw, Poland.
- Former President of the Heart Failure Association of the European Society of Cardiology (ESC).
- Member of the Board of the ESC.

Dr. Salim Haj- Yahia
- Consultant Cardiac & Transplant Surgeon
- Lead Consultant for Transplantation & VADs Surgery
- Deputy Director for the Scottish National Advanced Heart Failure Services
- The Golden Jubilee National Hospital, Glasgow, United Kingdom
Audiovisual Instructions

- Congress halls will be equipped with:
  - Internet access will NOT be available inside the meeting rooms.

- To ensure that the meeting progresses smoothly, please follow the following instructions:
  - All presentations should be recorded on a USB flash memory (preferred) or CD-R.
  - Please save presentations in PowerPoint 2007 or later format for PC.
  - Upload your presentation early to the Audiovisual Center (R&M Solutions) as we will load the presentations to the hard drive of our systems before the sessions by one hour.
  - No personal laptops are permitted for presentations.
  - In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (R&M Solutions).

- Instructions for Chairpersons:
  - Please attend the session rooms 10 minutes prior to the beginning of time of the sessions you chair.
  - Please introduce the speaker, state the presentation title for each speaker and remind him/her of the duration of his presentation.

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CONFERENCE

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ACUTE HEART FAILURE IS DRAGGING DOWN MORE THAN THE HEART\textsuperscript{1-4}

Achieving patient stabilization is critical, but it doesn't address the full extent of acute heart failure (AHF) damage.\textsuperscript{5,6} Every episode not only worsens heart function, but also harms multiple organs, like the kidney, and increases the risk of mortality.\textsuperscript{1-4,7} Novartis believes it's possible to do more for AHF patients. New ways are needed to proactively manage organ damage in an effort to improve life expectancy.\textsuperscript{5,8}
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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<td>08:00 - 09:40</td>
<td>Controversies in the New Heart Failure Guidelines</td>
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<tr>
<td>Chairpersons:</td>
<td>Khalid Alhabib (KSA), Ahmad Amro (KSA)</td>
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<td>08:00 - 08:20</td>
<td>Controversies in definition and diagnosis. Abdelfatah Elasfar (KSA)</td>
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<td>08:20 - 08:40</td>
<td>Controversies in pharmacological management. Nathem Alakhras (KSA)</td>
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<td>08:40 - 09:00</td>
<td>Controversies in non-pharmacological management. Finn Gustafsson (Denmark)</td>
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<td>09:00 - 09:20</td>
<td>Controversies in management of acute heart failure. Piotr Ponikowski (Poland)</td>
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<td>09:30 - 09:45</td>
<td>Opening Ceremony</td>
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<td>Coffee break</td>
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<td>10:00 - 11:30</td>
<td>Heart Failure and Burden of Comorbidities</td>
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<td>Chairpersons:</td>
<td>Mohammed Arafah (KSA), Ali Almasood (KSA)</td>
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<td>10:00 - 10:20</td>
<td>Asthma/COPD and heart failure. Abdelfatah Elasfar (KSA)</td>
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<td>10:20 - 10:40</td>
<td>Pulmonary hypertension and heart failure. Nadim Salimovic (KSA)</td>
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<td>10:40 - 11:00</td>
<td>Diabetes and Heart failure. Soliman Kharabsheh (KSA)</td>
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<td>Anemia and Heart failure. Mirvat Alasnag (KSA)</td>
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<td>11:30 - 12:30</td>
<td>Workshop 1: CRT from patient selection to therapy optimization</td>
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<td>Chairpersons:</td>
<td>Yahya Alhebaishi (KSA), Joseph G. Akar (USA)</td>
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<td>13:00 - 14:30</td>
<td>Surgical Treatment of Heart Failure, Updates</td>
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<td>Chairpersons:</td>
<td>Ali AlSanei (KSA), Adel Tash (KSA)</td>
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<td>13:00 - 13:20</td>
<td>Heart transplant, case based approach. Paul Mohacsi (Switzerland)</td>
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<td>13:20 - 13:40</td>
<td>Heart Transplant Vs Conventional Surgery in Severe CMP. Antonio Calafiore (KSA)</td>
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<td>13:40 - 14:00</td>
<td>Long term VAD as destination therapy.</td>
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<td>14:00 - 14:20</td>
<td>Out of hospital cardiac arrest &amp; ECMO mobile unit. Feras Khaliel (KSA)</td>
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<tr>
<td>14:20 - 14:30</td>
<td>Panel discussion</td>
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14:30 - 15:50

DEBATES

Chairpersons:
Abdelfatah Elasfar (KSA), Waleed Alhabeeb (KSA)

14:30 - 14:45
Diastolic heart failure is a cardiac problem.
Hanan AlBackr (KSA)

14:45 - 15:00
Diastolic heart failure it is not a cardiac problem.
Samih Lawand (KSA)

15:00 - 15:10
Discussion

15:10 - 15:25
BNP targeted therapy improves HF management.
Paul Mohacsi (Switzerland)

13:25 - 15:40
BNP targeted therapy does not improve HF management.
Finn Gustafsson (Denmark)

15:40 - 15:50
Discussion

15:50 - 16:00  Coffee break

16:00 - 17:30

IMAGING IN HEART FAILURE, UPDATES

Chairpersons:
Ziyad AlHarfi (KSA), Fayez AlShaer (KSA)

16:00 - 16:20
Non-invasive assessment of hemodynamics.
Hanan AlBackr (KSA)

16:20 - 16:40
Low gradient AS, how to stratify by echo?
Maie Al Shahid (KSA)

16:40 - 17:00
Imaging of the neglected ventricle.
Saeed Al Ahmari (KSA)

17:00 - 17:20
Advanced Echo imaging in HF, beyond the routine
Bahaa Fadel (KSA)

17:20 - 17:30
Panel discussion
The first new treatment for your angina patients in a decade

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3. Ixabradine and outcomes in chronic heart failure (SHIFT) a randomized placebo-controlled study. Karl Swedberg, Michel Komajda, Michel Böhm, Jeffrey S Borer, Jan Pord, Ariane Dubost-Brana, Guy Lefebvre, Luigi Tavazzi, on behalf of the SHIFT Investigators. August 29, 2010
08:00 - 09:30
SETTING UP MULTIDISCIPLINARY NURSE-LED HEART FAILURE CLINICS

Chairpersons:
Dagmar Knot (KSA), Abdiqani Qasim (KSA)

08:00 - 08:20
How to setup nurse led clinic?
Dagmar Knot (KSA)

08:20 - 08:35
Heart Failure Disease Management Program
(King Fahad Medical City Experience)
Abdiqani Qasim (KSA)

08:35 - 08:50
HF nursing education and certification.
Hani AlDalaty (KSA)

08:50 - 09:05
HF medication titration protocols.
Fadwa Alkhoraiz (KSA)

09:05 - 09:20
HF exercise /rehabilitation programs.
Mohammed Takroni (KSA)

09:20 - 09:30
Panel discussion

09:30 - 09:40 Coffee break

09:40 - 11:10
PEDIATRIC HEART FAILURE SESSION

Chairpersons:
Saad Al-Youssef (KSA), Abdulrahman Almesned (KSA)

09:40 - 10:00
Update in guidelines for pediatric HF.
Paul Kantor (Canada)

10:00 - 10:20
Mitrail valve surgeries in pts with dilated CM.
Zohair Alhalees (KSA)

10:20 - 10:40
Rate control in pediatric HF.
Paul Kantor (Canada)

10:40 - 11:00
New therapy for pediatric HF.
Abdullah Alwadai (KSA)

11:00 - 11:10
Panel discussion

11:10 - 12:00
RECENT UPDATES IN ACUTE HF THERAPIES
(Satellite symposium sponsored by Novartis)

Chairpersons & Introduction:
Khalid Alhahab (KSA), Abdelfatah Elasfar

Speaker: Professor Piotr Ponikowski (Poland)

11:40 - 12:00 Discussion

12:00 - 13:00
WORKSHOP 1
Impact and wellbeing of end stage HF for patients and their families (Nursing workshop).

12:00 - 12:15
Psychological impact of chronic disease on person’s well being.
Haifa Bin Hamed (KSA)

12:15 - 12:30
Heart Failure nutrition guidelines.
Deema AlMutawa (KSA)

12:30 - 12:45
Patient teaching and support in disease management.
Huda AlSadiq (KSA)

12:45 - 13:00
Patient assessment and problem solving mechanism.
Dagmar Knot (KSA)

12:00 - 13:00
WORKSHOP 2
Cardiac MRI & Heart Failure

Sherif Moustafa (KSA), Abdulrahman AlMoukhirsh (KSA)

12:00 - 13:30 Prayer & lunch
13:30 - 15:00
MANAGEMENT OF UNSTABLE PATIENT AND HF

Chairpersons: Mostafa Youssef (KSA), Tarek Kashour (KSA)

13:30 - 13:50
ACS and HF. Owayed Al-Shammeri (KSA)

13:50 - 14:10
Approach to crash and burn patients. Finn Gustafsson (Denmark)

14:10 - 14:30
Optimizing the use of inotropes. Yahya Alhebaishi (KSA)

14:30 - 14:50
Short term devices. Salim Haj-Yahia (UK)

14:50 - 15:00
Panel discussion

15:00 - 15:10 Coffee break

15:10 - 16:30
HEART FAILURE/HTX IN SAUDI ARABIA, UPDATE

Chairpersons: Jehad Alburaki (KSA), Abdelfatah Elasfar (KSA)

15:10 - 15:30
HEARTS, final data. Khalid Alhabib (KSA)

15:30 - 15:50
Obstacles of HTx in Saudi Arabia. Ali Almasood (KSA)

15:50 - 16:10
Xenotransplantation, Decellulization and Gene therapy. Futwan Almahanna (KSA)

16:10 - 16:30
Obstacles in Implementing a VAD Program. Salim Haj-Yahia (UK)

CLOSING REMARKS
SEE YOU NEXT YEAR

3rd Saudi Heart Failure Group CONFERENCE

We are sure that every interested person will have some contribution and we are looking forward to the participation that enriches our care and knowledge.
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